

**Divinity School of Chung Chi College
The Chinese University of Hong Kong**

**Hong Kong Christian Service
Support Service for Church**

**Programme: Undergraduate and Postgraduate
Course: Counselling and Family Ministry (THEO5947)
Academic Year: 2021-2022 (1st Term)**

Course Description:

This course introduces students to a systemic perspective of marriage and family therapy. It will cover the basic theoretical framework and micro-skills in counselling families. The current trend of family problems in Hong Kong, different family theories and approaches, issues such as child abuse, battered spouse, mentally-ill and chronically-ill family member, death and loss, marital infidelity as well as separation and divorce counselling will be included. It is hoped that students could obtain a clearer understanding of family dynamics and be able to formulate their clinical map, as well as integrate some of their micro-skills in working with families by the end of this course.

Course Objectives:

1. To raise student's sensitivity to new challenges and common family problems in Hong Kong.
2. To help students acquire an overall understanding of the theories and practice of marriage and family therapy.
3. To enable students to develop a systemic perspective and clinical map about different problems regarding family dynamic.
4. To facilitate students to have reflections on their own values, personal experiences and stance on different family issues.

Course Format:

Methods of instruction will include lecture, case presentation, discussion, experiential role-play and reflective assignments.

Course Outline:

Date	Topic
10.9.2021	Continuity and Change in the Hong Kong Family
17.9.2021	Family Ministry and Family Life Education
24.9.2021	The Historical and Conceptual Context of Marriage and Family Therapy
8.10.2021	Pre-marital Counseling and Marital Enrichment
15.10.2021	Psychoanalytic Family Therapy and Bowen Family Therapy
22.10.2021	Structural Family Therapy and Strategic Family Therapy
29.10.2021	Experimental Family Therapy
5.11.2021	Solution-focused Therapy and Narrative Therapy
12.11.2021	Working with Families Affected by Domestic Violence (Tutorial)
19.11.2021	Working with Families with Mental Illness and Chronic Illness (Tutorial)
26.11.2021	Working with Families with Death and Loss (Tutorial)
3.12.2021	Working with Families with Extramarital Affair and Separation (Tutorial)

Course Duration:

Period: 6th September to 4th December, 2021 (Every Friday)
Time: 7:00 pm – 9:30 pm
Location: Hui Yeung Shing Building (HYS) G01

Course Requirements:

- ❖ Attendance (10% of the course mark)
- ❖ Tutorial (30% of the course mark)
 - Students should make a 15-minute individual case presentation with the attempt to integrate the theories discussed in the previous lessons into practice. Presentation should include a written case summary (10% of the tutorial mark), genogram (10% of the tutorial mark), case analysis and intervention (10% of the tutorial mark)
- ❖ Written Assignment (60% of the course mark)
 - Each student is required to write an essay of about 3,500 words on one of the course topics or any critical issues related to family therapy.
 - Students are required to submit the paper outlines (10% of the written assignment mark) on or before **3rd December, 2021**.
 - The paper should demonstrate the following:
 - Clarity of concepts (10% of the written assignment mark)

- Integration of theory and practice (20% of the written assignment mark)
 - Critical thinking and personal reflection on the issues (15% of the written assignment mark)
 - Good organization and presentation (5% of the written assignment mark)
 - References should be cited by using the A.P.A. guideline.
- ❖ All assignments must be submitted on or before **17th December, 2021**.

Policy and Regulations on Honesty:

Attention is drawn to University policy and regulations on honesty in academic work, and to the disciplinary guidelines and procedures applicable to breaches of such policy and regulations. Details may be found at

<http://www.cuhk.edu.hk/policy/academichonesty/>.

With each assignment, students will be required to submit a signed declaration that they are aware of these policies, regulations, guidelines and procedures.

- In the case of group projects, all students of the same group should be asked to sign the declaration, each of whom is responsible and liable to disciplinary actions should there be any plagiarized contents in the group project, irrespective of whether he/she has signed the declaration and whether he/she has contributed directly or indirectly to the plagiarized contents.
- For assignments in the form of a computer-generated document that is principally text-based and submitted via VeriGuide, the statement, in the form of a receipt, will be issued by the system upon students' uploading of the soft copy of the assignment.

Assignments without the properly signed declaration will not be graded by teachers.

Only the final version of the assignment should be submitted via VeriGuide.

The submission of a piece of work, or a part of a piece of work, for more than one purpose (e.g. to satisfy the requirements in two different courses) without declaration to this effect shall be regarded as having committed undeclared multiple submission. It is common and acceptable to reuse a turn of phrase or a sentence or two from one's own work; but wholesale reuse is problematic. In any case, agreement from the course teacher(s) concerned should be obtained prior to the submission of the piece of work.

Basic Texts:

Yarhouse, M.A., & Sells, J.N. (2017), Family Therapies: A Comprehensive Christian Appraisal (2nd Edition), Downers Grove, Ill.: IVP Academic.

Recommended Readings:

- Anthony, M. & Anthony, M. (2011), A Theology for Family Ministries, Nashville: B & H Academic.
- Balswick, J.O., & Balswick, J.K. (2014), The Family: A Christian Perspective on the Contemporary Home (4th Edition), Grand Rapids, Mich.: Baker Academic.
- Carter, B. & McGoldrick, M. (eds.) (2015), The Expanded Family Life Cycle: Individual, Family, and Social Perspectives (5th Edition), Boston: Pearson Allyn & Bacon.
- Dattilio, F.M. & Jongsma, A.E. (2014) The Family Therapy Treatment Planner, with DSM-5 Updates (2nd Edition), Hoboken, N.J.: John Wiley & Sons.
- Garland, D.R. (2012) Family Ministry: A Comprehensive Guide (2nd Edition), Downers Grove, Ill.: IVP Academic.
- Goldenberg, I. & Goldenberg, H. (2002) Counseling Today's Families (4th Edition), Pacific Grove, Calif.: Brooks/Cole Pub. Co.
- Goldenberg, I. & Goldenberg, H. (2016) Family Therapy: An Overview (9th Edition), Belmont, CA: Brooks/Cole, Cengage Learning.
- Gurman, A.S., Lebow, J.L. & Snyder, D.K. (2015) Clinical Handbook of Couple Therapy (5th Edition), New York: Guilford Press.
- Gurman, A.S., & Kniskern, D.P. (eds.) (1981) Handbook of Family Therapy (Vol. I), New York: Brunner/Mazel.
- Gurman, A.S., & Kniskern, D.P. (eds.) (1991) Handbook of Family Therapy (Vol. II), New York: Brunner/Mazel.
- Hecker, L.L., & Wetchler, J.L. (eds.) (2015) An Introduction to Marriage and Family Therapy (2nd Edition), Routledge.
- McGoldrick, M., Gerson, R., & Petry, S. (2020) Genograms: Assessment and Intervention (4th Edition), New York: W.W. Norton & Co.
- Nichols, M.P. & Davis, S.D (2016) Family Therapy: Concepts and Methods (11th Edition), Boston: Pearson Allyn & Bacon.
- Nichols, M.P. & Davis, S.D (2019). The Essentials of Family Therapy (7th Edition), Boston: Pearson Allyn & Bacon.
- Sell C.M. (1995) Family Ministry (2nd edition), Grand Rapids, Mich.: Zondervan Pub. House.

- 盧松標 (2011)。 家庭關係：從創傷到癒合。香港：基督教文藝出版社。
- 萬崇仁 (1992)。 誰是一家之主？：基督化家庭。香港：中國神學研究院。
- 馬麗莊 (2001)。 青少年與家庭治療。台北：五南圖書出版公司。
- 黃麗彰 (2015)。 幸福的實踐－婚姻輔導解構。香港：突破出版社。
- 霍玉蓮 (2004)。 婚姻與家庭治療：理論與實務藍圖。香港：突破出版社。
- 霍玉蓮 (2009)。 心理與心靈的重聚：從佛洛伊德到米高維－婚外情個案演繹。
香港：基道出版社。
- 羅錦添 (2007)。 共建屬靈之家：核心家庭屬靈牧養的探討。香港：匯美書社。

Training Staff from Hong Kong Christian Service:

Bill LO 盧松標 (RSW, MSW)

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Mr. Bill LO is currently working in Hong Kong Christian Service as a Service Head of the School Social Work Service. He received his Diploma in Social Work from the Hong Kong Shue Yan College and Master of Social Work from the University of Alabama. He also obtained Postgraduate Diploma in Family Therapy from the Yang-Ackerman Institute for Family. He has been in youth and family service works for 32 years, including community-based family service, counseling and family life education service. In addition to his continuous frontline clinical works, he has also actively involved in training for social workers, parents and teachers. He lectures the course “Counseling and Youth Ministry” at the Divinity School of Chung Chi College of CUHK.