

**Divinity School of Chung Chi College
The Chinese University of Hong Kong**

**Hong Kong Christian Service
Support Service for Church**

**Programme: Undergraduate and Postgraduate
Course: Counselling and Family Ministry (THEO5947)
Academic Year: 2015-2016 (2nd Term)**

Course Description:

This course introduces students to a systemic perspective of marriage and family therapy. It will cover the basic theoretical framework and micro-skills in counseling families. The current trend of family problems in Hong Kong, different family theories and approaches, issues such as child abuse, battered spouse, mentally-ill and chronically-ill family member, death and loss, marital infidelity and divorce counseling will be included. It is hoped that students could obtain a clearer understanding of family dynamics and be able to formulate their clinical map, as well as integrate some of their micro-skills in working with families by the end of this course.

Course Objectives:

1. To raise student's sensitivity to new challenges and common family problems in Hong Kong.
2. To help students acquire an overall understanding of the theories and practice of marriage and family therapy.
3. To enable students to develop a systemic perspective and clinical map about different problems regarding family dynamic.
4. To facilitate students to have reflections on their own values, personal experiences and stance on different family issues.

Course Format:

Methods of instruction will include lecture, case presentation, discussion, experiential role-play and reflective assignments.

Course Outline:

Date	Topic
13.1.2016	Continuity and Change in the Hong Kong Family
20.1.2016	Family Ministry and Family Life Education
27.1.2016	The Historical and Conceptual Context of Marriage and Family Therapy
3.2.2016	Pre-marital Counseling and Marital Enrichment
17.2.2016	Psychoanalytic Family Therapy and Bowen Family Therapy
24.2.2016	Structural Family Therapy and Strategic Family Therapy
2.3.2016	Experimental Family Therapy
9.3.2016	Solution-focused Therapy and Narrative Therapy
16.3.2016	Working with Families Affected by Domestic Violence (Tutorial)
23.3.2016	Working with Families with Mental Illness and Chronic Illness (Tutorial)
30.3.2016	Working with Families with Death and Loss (Tutorial)
6.4.2016	Working with families with Extramarital Affair (Tutorial)
13.4.2016	Divorce Counseling (Tutorial)

Course Duration:

Period: 13 January to 13 April, 2016 (Wednesday)
Time: 7:00 pm – 9:15 pm
Location: ELB 307

Course Requirements:

- ❖ Attendance (10% of the course mark)
- ❖ Tutorial (30% of the course mark)
 - Students should make a 15-minute individual case presentation with the attempt to integrate the theories discussed in the previous lessons into practice. Presentation should include a written case summary (10% of the tutorial mark), genogram (10% of the tutorial mark), case analysis and intervention (10% of the tutorial mark)
- ❖ Written Assignment (60% of the course mark)
 - Each student is required to write an essay of about 3,500 words on one of the course topics or any critical issues related to family therapy.
 - Students are required to submit the paper outlines (10% of the written assignment mark) on or before **13 April, 2016**.
 - The paper should demonstrate the following:

- Clarity of concepts (10% of the written assignment mark)
 - Integration of theory and practice (20% of the written assignment mark)
 - Critical thinking and personal reflection on the issues (15% of the written assignment mark)
 - Good organization and presentation (5% of the written assignment mark)
- References should be cited by using the A.P.A. guideline.
- ❖ All assignments must be submitted on or before **30 April, 2016.**

Basic Texts:

Yarhouse, M.A., & Sells, J.N. (2008), Family Therapies: A Comprehensive Christian Appraisal, Downers Grove, Ill.: IVP Academic.

Recommended Readings:

Anthony, M. & Anthony, M. (2011), A Theology for Family Ministries, Nashville: B & H Academic.

Balswick, J.O., & Balswick, J.K. (2014), The Family: A Christian Perspective on the Contemporary Home (4th Edition), Grand Rapids, Mich.: Baker Academic.

Carter, B. & McGoldrick, M. (eds.) (2015), The Expanded Family Life Cycle: Individual, Family, and Social Perspectives (5th Edition), Boston: Pearson Allyn & Bacon.

Dattilio, F.M. & Jongsma, A.E. (2014) The Family Therapy Treatment Planner, with DSM-5 Updates (2nd Edition), Hoboken, N.J.: John Wiley & Sons.

Garland, D.R. (2012) Family Ministry: A Comprehensive Guide (2nd Edition), Downers Grove, Ill.: IVP Academic.

Goldenberg, I. & Goldenberg, H. (2002) Counseling Today's Families (4th Edition), Pacific Grove, Calif.: Brooks/Cole Pub. Co.

Goldenberg, I. & Goldenberg, H. (2012) Family Therapy: An Overview (8th Edition), Belmont, CA: Brooks/Cole, Cengage Learning.

Gurman, A.S., Lebow, J.L. & Snyder, D.K. (2015) Clinical Handbook of Couple Therapy (5th Edition), New York: Guilford Press.

Gurman, A.S., & Kniskern, D.P. (eds.) (1981) Handbook of Family Therapy (Vol. I), New York: Brunner/Mazel.

Gurman, A.S., & Kniskern, D.P. (eds.) (1991) Handbook of Family Therapy (Vol. II), New York: Brunner/Mazel.

- Hecker, L.L., & Wetchler, J.L. (eds.) (2014) An Introduction to Marriage and Family Therapy (2nd Edition), Routledge.
- McGoldrick, M., Gerson, R., & Petry, S. (2008) Genograms: Assessment and Intervention (3rd Edition), New York: W.W. Norton & Co.
- Nichols, M.P. (2013) Family Therapy: Concepts and Methods (10th Edition), Boston: Pearson Allyn & Bacon.
- Nichols, M.P. (2013). The Essentials of Family Therapy (6th Edition), Boston: Pearson Allyn & Bacon.
- Sell C.M. (1995) Family Ministry (2nd edition), Grand Rapids, Mich.: Zondervan Pub. House.

- 盧松標 (2011)。 家庭關係：從創傷到癒合。香港：基督教文藝出版社。
- 萬崇仁 (1992)。 誰是一家之主？：基督化家庭。香港：中國神學研究院。
- 馬麗莊 (2001)。 青少年與家庭治療。台北：五南圖書出版公司。
- 黃麗彰 (2015)。 幸福的實踐 - 婚姻輔導解構。香港：突破出版社。
- 霍玉蓮 (2004)。 婚姻與家庭治療：理論與實務藍圖。香港：突破出版社。
- 霍玉蓮 (2009)。 心理與心靈的重聚：從佛洛伊德到米高維 - 婚外情個案演繹。香港：基道出版社。
- 羅錦添 (2007)。 共建屬靈之家：核心家庭屬靈牧養的探討。香港：匯美書社。

Training Staff from Hong Kong Christian Service:

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Mr. Bill Lo is currently working in Hong Kong Christian Service as a Chief Supervisor of the School Social Work Service. He received his Diploma in Social Work from the Hong Kong Shue Yan College and Master of Social Work from the University of Alabama. He also obtained Postgraduate Diploma in Family Therapy from the Yang-Ackerman Institute for Family. He has been in youth and family service works for 26 years, including community-based family service, counseling and family life education service. In addition to his continuous frontline clinical works, he has also actively involved in training for social workers, parents and teachers. He lectures the course “Counseling and Youth Ministry” at the Divinity School of Chung Chi College of CUHK.